

SAVE THE DATES for 2017

Self-Management Network

of western and inner north west Melbourne

The Self-Management Network Working Group is proud to announce three forums for 2017.

Mental Health will be an ongoing theme for the meetings in 2017. Each meeting will build on the learnings from the previous meeting/s.



Who should attend?

Any clinician or manager interested in developing skills and knowledge of the self-management approach, with an interest in mental health.

| Date* | Mental health topics |
|---------------------------|--|
| 1 st May | Part 1: Service systems for mental health and dual diagnosis |
| 7 th August | Part 2: Models of care and the self-management approach |
| 13 th November | Part 3: Interactive case studies |

*All meetings are held on Mondays from 9.30am – 12.30pm.

These forums will assist participants by providing self-management advice and techniques (based on the [Wagner Model of Chronic Care](#)) for clients while offering a great opportunity for networking and collaboration. Using a thematic approach, the network aims to support the self-management model for health by providing health professionals with innovative ideas and relevant information.

Join our distribution list: email tanya.sofra@healthwest.org.au

Register for forums online: <http://healthwest.org.au/events-and-networks/healthwest-events/>

More info: Tanya Sofra, HealthWest Partnership,
tanya.sofra@healthwest.org.au or phone: (03) 9248 9659

This network is supported by the following HealthWest members: ISIS Primary Care, cohealth, Djerriwarrh Health Service, Mercy Health, St Vincent's Hospital, Wyndham City Council & RDNS.

For more information about the network please visit:
<http://healthwest.org.au/events-and-networks/networks/self-management-network/>

